

Minyan - ASM - 2007 Brenda Blessings

Prayer of David,  
Incline your ear oh Lord.  
Answer me for I am poor and needy.  
Preserve my life for I am steadfast.  
You oh my God, deliver your servant who trusts in you.  
Have mercy on me,  
Oh Lord for I call to you all day long.  
Bring Joy to your servant's life for on you oh Lord I set my hope.  
For you Lord are good and forgiving, abounding in steadfast love to all  
who call on you. Give ear oh Lord to my prayer, hear my pleas for  
mercy.  
In my time of trouble I call you, for you will answer me.

The life we used to know no longer exists and we do not know what lies  
ahead of us.  
Like the one who wrote this prayer we all have times of great trouble.  
Faced with the uncertainties of manifested life, life is continually  
changing and moving, appearing and disappearing, beginning and ending,  
living and dying. We cry out for mercy; we call out to preserve our  
lives. Like him, we know our efforts may not be enough. We cannot face  
this time of trouble without help. We have reached the edge of the  
precipice of what we know and can go no further. These are indicators  
of why this healing. We stand at the precipice between live and death.  
The life we used to know no longer exists and we do not know what lies  
ahead of us.

There are many positive reasons as to why we would consider a Minyan  
healing having to do with community, loving someone, wanting to give  
our love and support. What is also true is we can't bare the fact that  
our client is ill, or in times of great transition, which is our  
Transference. We can't say, "Let me gather 10 of my friends and do  
this healing because I can't bare it, because we want to rush forward  
and support."

We have to look at where we divide the world between God's will and our  
will; where we divide the world between the known and the un-known;  
what is manifesting versus what is coming into being; the personal vs.  
the in personal.

The pain often feels too big to bear. The starting point is that it  
is too much to bear. We all reach that place where our personal  
understandings are not enough. That is what we have been talking about  
this morning. The reason David reached out to God, because he believed  
he was not separate from God. I call out to you because I know you  
will answer. God, calling out to god. This place that we are at, this  
kind of crisis, we have to reach out. This also means that this  
trouble is ours, and it is also not ours. Our reaching out is because  
it is the truth. It isn't, I am tiny and little and I have to reach  
out to something larger than me. It is also an understanding, that  
when something is that life altering, particularly when we face a big  
struggle, we know that there is something else going on. It is not  
just personally owned. Cancer is not just personally owned. However  
we have to look at other issues, personal issues first which include:  
does someone believe they are being punished by getting cancer, I  
wasn't positive enough or didn't eat the right food, there is something

fundamentally floored about me. The Minyan Healing is not the big miracle and everything is going to be ok.

We have to look at the family myths that are in operation - I am the one who has to rescue everyone, I am the bad one. The road is long, particularly in times of trouble and we need our view to be deep and broad. So we continue to look and inquire into the great matter of Life and Death. We continue with this inquiry not to find something bigger like a child looking for a parent to comfort us, but we want something deeper, and the deeper is deeper relationship. What we are looking for is the something greater of Reality. The known and the unknown, the personal and the in-personal, one great un-divided whole, which lies beneath and within everything.

Most of the healings are of Lesser Miracles, Netzah Hod, Yesod, Tiferet etc. In all of these healing you have walked the trail, you have walked through that space in order to help our client. In that sense these healing are called healings of lesser miracles.

Healings of Greater Miracles are where the known and un-known are equally valued. It isn't just based on what we have walked - something else is going on. There is no hierarchy going on here, they are of equal value. It has to do with a different relationship to Reality. Everyone here is going to face an enormous crisis. The reality is all of us are going to face death. When Ronina Christina (sp) was dying of throat cancer and his disciples, not being able to see him in so much pain, asked him, Why you? Why are you dying of Cancer? He said, "This is the way the divine mother is playing through my body". Suzuki Rochi (sp.) who also died of cancer said, "When you do not realize that you are one with the river or one with the universe you have fear. Weather it is separated into drops or not, water is water. Realize this fact and we have no fear of death anymore and no difficulty in life". What did these two men know that is important for us to understand without rushing prematurely to the Minyan Healing? How do we be where we are as healers who are sometimes aware of this, who are seated in this oneness and sometimes not, and are very afraid, who still separates life and death, who want our friends to live. First we must do so with honesty, you cannot help someone who is struggling with a life crisis without facing what it brings up in you. This is not easy, scary, but not easy.

The healings of greater miracles are only possible when the Makifin (sp) and the pinini (sp) are not different from each other; when they can live together as two sides of the same whole. This is a state of transparency when you are open to let the universe guide you and work through you. It doesn't mean you go away, you nullify the ego as, "I will let Jesus work through me", it's not that. You are open to everything and you don't shatter and you shatter and are open to shattering.

This healing is a healing for the one lost in the loosing cosmic struggle to stay alive. The one lost in a sea in depthless life, where no footing is possible and one needs to find footing there anyway. It's that big, you don't know what is going to happen. What is going on is so big you can't find a footing you don't know what is going to happen. How will you live and still have to find a footing.

You're used to finding a footing by being found. That is not what is happening here. I've lost a job, I find another job. You find something to replace the loss because we can't bare being in the lost and not going somewhere else. The unfolding of your life is both known and in your control, and un-known and completely out of your control, and to be with that in a very real way.

Jan B. " It feels like what we have the opportunity to do is about intimacy with desire-less-ness and desire, holding them both. "

Brenda "The Client's desire to get well and to live and we have that for them to. It's not that that is going to go away, but something else also has to exist because if we only have that we are going to miss something else. If we try to give up our desire for them to be well and for everything to be ok we are going to miss that. It is about both of those because with out that you are not going to see deep enough, wide enough, see enough, to help someone and help yourself too."

Here is where Mercy enters in.

In a sense the Minyan Healing is a Matrix Mother, the scaffolding which holds the broken one. It is a healing of a broken one by a broken one. Here-in lies the key. Who have joined together into a transpersonal or transparent Whole. Broken pieces forever broken but Whole by kavanah. The one who comes for a Minyan Healing is one broken by overwhelming odds. Let me put it this way, the one who is ready for a Minyan Healing is one broken by overwhelming odds. Here is the other key piece: they have begun to see, even in their great distress, that all people will break this way some day. This is one of the keys to help you know if someone is ready. As long as it is just a personal only story of how broken I am, how screwed up I must be, how etc. etc. that I am, they are not ready for a Minyan Healing. A certain level of healing has to have already had happen in order for this Minyan Healing to serve the greater healing, for it to be a healing of greater miracles, not just a healing of lesser miracles. The person has to begin to see it is not personal only, that everyone is going to break that way. When someone suffers honestly, in front of you and you're with them, doesn't it heal you to, aren't they being of service to the greater healing of all of humanity?

Those doing the healing must be willing to let go of their illusions. They cannot come to the Tree, to this healing, in order to fell safe, because the broken one who is presenting is showing them just how unsafe life is.

They must come:

Clear eyed -

Filled with no illusions -

Ghost gone

Fantasies gone - that this is going to be the miracle that is going to save everything.

And come with just the naked simple truth of serving.

And whom do they serve, themselves in every guise.

To do this healing for someone else, do not fool yourself into believing that you're doing this great service to some person. What it

is that you are doing is healing yourself, in every shape and in every form; what you are doing is, you're healing yourself. You are healing them, but you are healing yourself.

When you go to a Minyan Healing what you're doing is you are going to the source, the Tree of Life, to find leaves to make sunlight into food, sturdy wood to protect, and deep roots to dig down into the great what is. That is the essence of this healing.

When we do the Minyan Healing what we have is a community of 10 people. All gathered in one place for one purpose. This is an important statement I am going to make about this healing. Our center of gravity shifts in this healing, from personal only consciousness to transpersonal, where we feel our connection to each other to a more unified state. We have a more centered center.

Jason, "If we look at the sephirot as threads what we see then is conglomerations of similarly bent threads, organized around the same theme or center of gravity. The Tree of Life being that theme, all pointing in one direction, the will of God." I added, God and God's name are one.

We commune with each other and our client in the deep sorrow of being human and the deep joy of being human, to the true relationship going from separate only individuals who resist being who we are, (follow this next step, says Brenda) to one body of Humanity, to one body of God. I am describing to you the stages of this healing. We move from being One - to being Many - to being One.

One disconnected One  
to  
Being many who are connected, who are in relationship to One body of God.

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